



CARQUINEZ VILLAGE

CONNECTING, SUPPORTING *and* INSPIRING OLDER ADULTS



2022

Annual Report

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Transforming Aging Together

Our Mission and Status

The mission of Carquinez Village is to build a community that provides social support, practical help, and referral assistance to older adults who want to remain in their homes as they age.

We are dedicated to enhancing the ability of each of our members to live full, independent, and fulfilling lives.

We're a charitable tax-exempt 501 C3 nonprofit (EIN: 47-4133336) and a fee-based membership service organization.

Our History

In 2014, two women in Benicia had an idea. They wanted to join with visionaries around the country who were revolutionizing the experience of aging. They wanted to support their older adult neighbors who wanted to remain in their homes as they aged but needed assistance to do so. They wanted to provide social, cultural, and educational programs and activities to stimulate and enrich the lives of women and men in the final stage of their lives. They wanted to bring seniors together to enjoy the richness of learning and sharing, and they wanted to ensure that no one was isolated or alone as they aged.

They formed a steering committee of twelve passionate adults who worked for two and a half years to bring their dream to fruition. In doing so, they put Benicia on the map as a member of what had become known across the country as the "village movement." All villages are membership organizations with similar models and goals. The Benicia founders call

their organization *Carquinez Village*. In April 2017 there were forty-five charter members.

Benefits Designed to Make a Difference in People's Lives

A community of volunteers is at the heart of the Village. They provide a set of everyday support services that meet different interests and needs and a circle of caring in times of need.

We offer an array of social, educational, and cultural programs that change throughout the year and inspire members to view life as one of opportunity and possibility.

Our members are part of a caring, dynamic, and engaged community of older adults. We have peace of mind knowing that we have created a low-cost strategy that saves money, reduces isolation, increases peace of mind, and nurtures each of us.

Who We Are Today

Carquinez Village is a vibrant and growing nonprofit that connects members with one another, delivers supportive services that enable many members to remain in their homes and use a range of programs and activities that provide stimulation, speakers, new experiences, and fun!

Today, we have over 100 members and nearly as many volunteers.

We are a member of Village Movement California, a statewide network of Villages seeking to transform the attitude of aging in California.

President's Letter



"We love Benicia, Carquinez Village, and helping others. We are also happy that the Village has introduced us to many new friends, new learning, and lots of fun."

– Greg & Pat Plant

It is a real honor to be President of such a worthy organization whose main goal is to help seniors stay safely in their homes as long as possible. I am so impressed with the level of compassion that prompts our members and volunteers to reach out and help others in their time of need.

We are very appreciative for our partners, donors, businesses, and community who have donated monies, materials, equipment, and time to help address the needs of the older members of our community. Their generous support has added great ballast to our ongoing programs and activities.

I am confident that 2023 will be another great year for our Village. Plans are already under way to provide additional opportunities for social engagement, programs for members wanting to become more physically active by utilizing instructive zoom, and enlisting professionals to provide helpful information about accident prevention, nutrition, healthy living, and expanded use of technology. Please consider being involved in our village. We would love to have you on board.

A handwritten signature in black ink, appearing to read "Alexis Hughes".

Thank You!

It is with gratitude we honor our **Sponsors:**
Ace Hardware, Benicia Public Library, Heritage Presbyterian Church,
and St Paul's Heritage Foundation

And our **Donors:**
\$10,000 +
Valero Energy Corporation
Susan & Mark Neuhaus

\$1,000+

City of Benicia
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Board
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Hamann
Judie Donaldson
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Nancy Atkins
Cynthia Hellmuth
Judy Ghidinelli
Tim Wolf
Robin Plutchok
Virginia Aiello
Kathy Monroe
Dan and Rose Glaze
Martha Stockard
Nora Rodgers



"Carquinez Village focuses on friendly contacts. I can only imagine how wonderful and important that service is to seniors largely cut off from most social contact. They have expanded their programs, keeping our seniors mentally active and engaged. I have been increasingly impressed "

– Erik Upson, Benicia City Manager

HIGHLIGHTS

Judie Donaldson, Founder,
named 2021 Solano County Senior of the Year



Provided **1567** participants with social, educational, and cultural events this year. This is an offering of **436** events, or **25% more** than last year.



Distributed and provided instruction on
tablets to first-time users

Offered a dynamic eight-session course on

"End of Life Issues"



Partnered with teens at the
Kyle Hyland Foundation
to create an intergenerational, community mural



Provided **4488** hours of volunteer direct services to members, including **493** round trip rides

AND ACHIEVEMENTS

Provided hands-on opportunity for Physician Assistant (PA) students from **Touro University** during their Geriatrics rotation to develop skills and sensitivity in their work with Seniors.



Added 26 new members in 2022,
a **25% increase!**
10% receive scholarships, thanks in part to our donors!

Raised \$10,000
at the Seventh Annual
"Wine and Lite Bite" Fundraiser

Initiated the "The Over-Eighty Club,"
"Over-Ninety Sharing" group,
and expanded the "Men's Group"



Transformed members into performers in our very own
"Carlo & Joe Cooking Show"

Joined 47 villages in the Governor's newly adopted

Master Plan for Aging*

* California's Master Plan for Aging, Goal Three, objective #90: "Promote and adapt village models of volunteerism and services to reflect the strength of California's diverse communities."

Partnerships

Together with our growing list of partners, we are transforming aging. Our collective efforts increase progress more successfully than we could ever achieve alone. We are building a community where all stages of life allow for meaningful opportunities to grow, connect, and experience joy; where people of all economic backgrounds and cultural roots can age with dignity, purpose, and self-determination.

***“Expanding the possibilities
for aging well means
engaging new partners”***

– Village Movement California

The **City of Benicia** supported our *Older American’s* campaign in May by giving us mural space at the Community Center and a presence in the Senior Center; **Mayors** of both Vallejo and Benicia issued proclamations in recognition of this effort. **Libraries** gave us space to display a puzzle and provide flyers to interested community members.

In an ongoing partnership with **Touro University** our members assisted beta-testing a new resource website. Newly minted Physician Assistant students practiced taking our medical histories to better learn about working with an older population.

American Red Cross volunteers installed smoke and CO2 monitors in member homes. CO2 monitors were provided by our local **Pedrotti Ace Hardware**.

The **County of Solano** needed contact verification for the newly published *Solano County Resource Guide*. Our members stepped up.

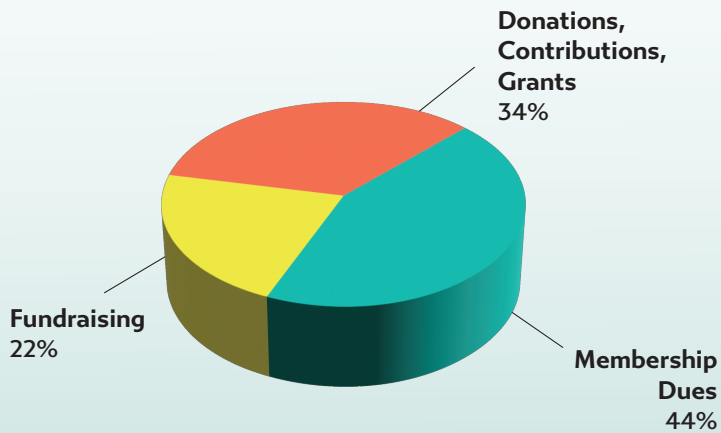
Kyle Hyland Foundation partnered with Carquinez Village on several intergenerational projects which helped bridge the communication gap between the young and the older in our community. One such project helped older members with their technology needs; a second project resulted in the mural that hangs in the Community Center.

Gas prices have caused a burden on our transportation volunteers. **Valero** responded quickly, providing gas cards to help us maintain this critical service for our members.

Many churches in our community have leaned in to support us. Members of **Northgate Church** for the third year, provided a day of service with odd jobs, easy home repair, and gardening; **Heritage Presbyterian Church** supplied meeting space over the year; **Benicia Lutheran Church** hosted a senior fair where we presented and hosted a table of resources about the Village.

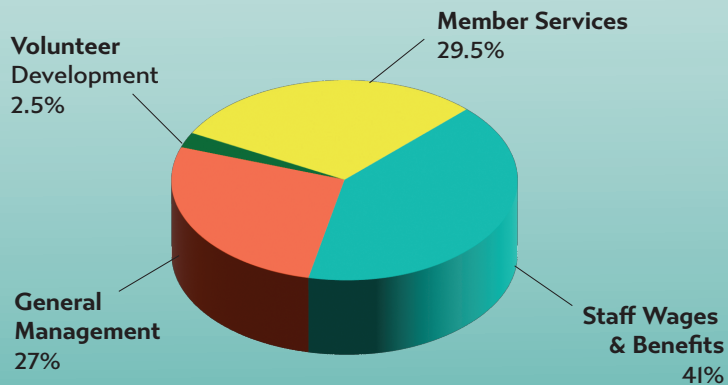
Financials

2022 Revenue



Income

Membership	\$34,529.00
Fundraising	\$17,124.00
Donations & Grants	\$26,801.00
Total	\$78,454.00



Expenses

Member Services	\$15,221.00
Staff Wages & Benefits	\$21,116.00
General Management	\$13,944.00
Volunteer Development	\$1,325.00
Total	\$51,606.00

Looking Forward

Guided by our Strategic Plan, we are deeply committed to addressing the needs of our burgeoning population. We have planted seeds in this community and they are growing. Our members are reaping a multitude of benefits that can only come through a sense of belonging and the stability of living a life that is familiar. Join us as we surge into the new year with fresh energy and expanding plans.



Help Ensure Safety:

- Sponsor more speakers and events that promote emotional, physical and financial security.
- Install CO2 detectors, home smoke alarms, grab bars and other safety devices in homes

Expand Our Educational and Cultural Events:

- Series on Issues of Aging
- Movie group with discussion
- Trips to the symphony
- Walking groups
- Field trips to local museums, gardens, local fairs and other events of interest

Reduce the Technology Gap for our Members by:

- Provide a part-time tech help person
- Partner with Kyle Hyland Foundation for intergenerational tech assistance
- Use the county database of training resources

Increase and Diversify our Financial Base:

- Continued growth through outreach and memberships
- Cultivate new partnerships and donors

Get Involved!

- Sponsor an annual individual membership
- Sponsor Internet access for a member
- Donate a grab bar and the installation for a member
- Become a member!
- Become a volunteer!
- Share your talent or expertise by hosting a speaking engagement.



Let's Transform Aging in Our Communities Together!